

Lactanase®

Recommended to help support optimal muscle function and metabolism.

Lactanase® by Vita Flex supplies ingredients involved in the conversion of products of glycolysis (pyruvate) to acetyl coenzyme A, a key to efficient energy release.

Ingredients:**Active Ingredients per 25 gm (.8 oz):**

dl-Lipoic acid 1,200 mg

Thiamine 500 mg

d-Pantothenic acid 450 mg

Riboflavin 35 mg

Niacin 35 mg

Inactive Ingredients:

Natural and artificial flavorings, silicon dioxide, sorbitol

Feeding Instructions:

One packet equals 25 grams.

Blend thoroughly. During daily conditioning, give 1 packet for first two days, then 1/2 to 1 packet each day of conditioning or workout. For stress of performance, give 1 packet the evening before an event and 1 packet two to three hours prior to the event.